



THEIVLOUNGE.COM



The Best Way TO REDUCE STRESS

STRESS MANAGEMENT | APPETITE CONTROL |
MOOD BALANCE



WELCOME TO THE IV LOUNGE SUPPLEMENTS INTRODUCTION



We are thrilled to announce our newest method of helping you embark on your personalized health journey. Because we believe consistency is key, we have developed a take-home supplement regimen for you. This way, your health and vitamin intake can be maintained beyond the

location of our lounges. Your long-term health and wellness has always been our top priority. Although we would love to see you every day at the lounges, we understand that's not practical. We wanted to give you something special so that you can consistently feel your best, most fulfilled self, in daily life.

What makes supplementation so important?

Micronutrients, or vitamins and minerals, are just as overlooked as they are necessary for vitality and well being. Studies have shown that deficiency in micronutrients can cause increased susceptibility to illnesses, such as autoimmune disorders (Mangini et al.,2018), and less serious conditions, such as fatigue and decreased productivity (World Health Organization, 2022). Although IV therapy is a great way of mitigating the effects of vitamin deficiency, and depending on the treatment, the effects are not

necessarily permanent (Duconge et al., 2008). This makes supplementation in between IV Lounge office visits essential.

We are here for you!

Comprehensively designed to fit the needs of all lifestyles, we surely have the proper stack of supplements to suit your needs. Some of our favorite, most highly recommended by our team's medical board, supplements include Sweet Sleep, Complete magnesium, Deactivation, BCAA, and Stress and Sleep. Our nutrition specialists at IV Lounge are eager to assist you in building your integrated supplementation and IV therapy regimen. We invite you to explore our supplement catalog, contact us with any inquiry, and unlock the power of consistency through supplementation outside of the lounge.

**Thank you -
The IV lounge Team**

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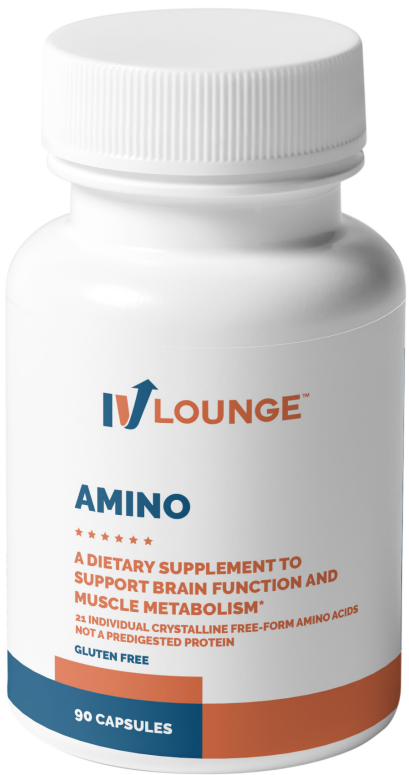


HELPS PROMOTE A RESTFUL STATE

AMINO



HIGH QUALITY FORMULA TO SUPPORT BRAIN FUNCTION & MUSCLE METABOLISM.*



Scientifically formulated combination of 21 crystalline, free-form amino acids. It provides all the necessary “building blocks” for the production of body proteins.*

- Protein is one of the most important elements for the maintenance of good health and vitality and is of primary importance in the growth and development of all body tissues including muscles, blood, skin, hair, nails, bone and internal organs. Hormones, enzymes and antibodies are all formed from protein.
- IV LOUNGE Wellness Center Amino is not produced from predigested or hydrolyzed protein. Each crystalline free-form amino acid is formulated separately. Amino acids in protein form require specific enzymes to break them down into individual amino acids. If free form amino acids are not available to make the necessary digestive enzymes, the body is not able to break down protein into the necessary free amino acids. Free form amino acid supplementation such as IV LOUNGE Wellness Center requires no digestion by the body.

SUPPORT

- Hormone enzyme and antibody formation*
- fat mobilization*
- healthy nervous system function*
- healthy body tissue structure and muscle development*

MORE BENEFITS

- Provides amino acids that have a broad application for both mental and physical functions*
- Benefits elderly, athletes and those with normal immune function*
- Is ideal for those whose dietary intake of protein is below the U.S. RDA (Recommended Daily Allowance)*

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Serving

Glutamic Acid	225 mg
L-Glutamine	75 mg
L-Taurine	75 mg
L-Aspartic Acid	45 mg
L-Glycine	45 mg
L-Lysine HCl	30 mg
L-Phenylalanine	30 mg
Tyrosine	30 mg
L-Arginine	22.5 mg
L-Cystine	22.5 mg

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GLUTEN FREE

L-Leucine	22.5 mg
L-Methionine	22.5 mg
L-Alanine	15 mg
L-Serine	15 mg
L-Threonine	15 mg
L-Citrulline	15 mg
L-Valine	15 mg
L-Histidine HCl	7.5 mg
L-Isoleucine	7.5 mg
L-Ornithine HCl	7.5 mg
L-Proline	7.5 mg

Suggested Use: As a dietary supplement, take 1 capsule between meals, 3 times daily, or as directed by your healthcare practitioner.

Other ingredients: vegetable cellulose (capsule).

Warning: Individuals with PKU (phenylketonuria) or who are pregnant or nursing should not use this product.

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PROPER NERVE FUNCTION AND RELAXATION.*



RECOMMENDED FOR:

- Nervous system support*
- Coping with stress and irritability*

V LOUNGE Wellness Center B Complex contains 11 balanced B Vitamins: Thiamin (B1), Riboflavin (B2), Niacinamide (B3), Vitamin B6, Folic Acid, Vitamin B12, Biotin, Pantothenic Acid (B5), PABA, Choline and Inositol.

NERVOUS SYSTEM SUPPORT

- Thiamin and Niacinamide - Are required for normal brain function, cognitive activity and aid in energy production.* Thiamin is also needed for acetylcholine production, a neurotransmitter involved in learning and memory functions.
- Vitamin B6 - Is needed for more than 100 enzymatic reactions in the body. Vitamin B6 is required for normal brain and nerve function, the synthesis of certain neurotransmitters and lipids that are part of the myelin sheath.*
- Vitamin B12 - is necessary for the maintenance of myelin, the fatty sheaths that cover and protect nerve endings.*
- Biotin - supports healthy nerve tissue, aids in cell growth and fatty acid metabolism.*
- Choline - is needed for the proper transmission of nerve impulses from the brain throughout the central nervous system.*

RELAXATION SUPPORT

- Pantothenic Acid - plays a role in the production of the adrenal hormones and is required by all cells.* May be helpful in managing irregular moods and stress.*
- PABA (para-aminobenzoic acid) - helps in the assimilation of pantothenic acid and a deficiency may lead to irregular mood states, irritability and nervousness.*
- Vitamin B12 - has been shown to enhance sleep patterns, allowing for more restful and refreshing sleep.*
- Inositol - has a calming effect and a deficiency may lead to mood swings and irritability.

CARDIOVASCULAR SUPPORT

- Thiamin and Niacinamide - are needed for proper circulation.*
- Riboflavin - is a necessary cofactor in the production of energy from carbohydrates, protein and fats.
- Vitamin B6 - is needed for proper metabolism of fat and cholesterol.* It is also involved in the process of transsulfuration, a pathway that breaks down homocysteine to prevent its buildup in the bloodstream.*

MUSCLE RECOVERY AND ENERGY LEVELS



IV LOUNGE Wellness Center BCAA represents the most comprehensive post-workout/recovery product on the market today.* In addition to a 4:1:1 ratio of BCAA's, this formula boosts 4 g of glutamine, 1 g of L-Citrulline and an electrolyte profile all in a great tasting raspberry lemonade powdered drink mix.

- BCAAs (leucine, isoleucine, and valine), in particular leucine, have the potential to produce anabolic effects on protein metabolism by increasing the rate of protein synthesis and simultaneously decreasing the rate of protein degradation in skeletal muscle tissue. The ratio of BCAA's can vary from formula to formula and in this case the emphasis was placed on leucine primarily due to its role in providing metabolic support for insulin sensitivity.*
- Many studies have indicated that exercise-induced blood ammonia elevation and blood lactate increments have been supported by L-citrulline supplementation. Further, citrulline may support the detoxification of ammonia via the urea cycle and also support healthy levels of additional glycolysis needed during exercise.*
- L-glutamine is a mainstay in many workout products, specifically because of the role this amino acid plays in muscle recovery. The most notable mechanism is the impact it has on nitrogen balance, which is vital to building muscle mass and perhaps more importantly, muscle repair.*

BENEFITS

- Post-workout / Recovery
- potential to produce anabolic effects on protein metabolism
- Provides metabolic support for insulin sensitivity.*
- may support the detoxification of ammonia via the urea cycle
- support healthy levels of additional glycolysis needed during exercise.*

Supplement Facts	
Serving Size 1 Capsule Servings Per Container 60	
Amount Per Serving	
Thiamin (as Thiamin Mononitrate)	75 mg
Riboflavin	75 mg
Niacin (as Niacinamide)	75 mg
Vitamin B6 (as Pyridoxine HCl)	75 mg
Folate	666.7 mcg
Folic Acid	400 mcg
Vitamin B12 (as Cyanocobalamin)	75 mcg
Biotin	300 mcg
Pantothenic Acid	75 mg
Choline (as Choline Bitartrate)	75 mg
PABA (para-aminobenzoic acid)	75 mg
Inositol	75 mg

Suggested Use: As a dietary supplement, take 1 capsule daily with a meal, or as directed by your healthcare practitioner.

Other Ingredients: hypromellose (capsule), vegetarian leucine, microcrystalline cellulose.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.



VEGETARIAN / GLUTEN FREE

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts	
Serving Size 1 Scoop (12.5 g) Servings Per Container 30	
Amount Per Serving	
Calories	10
Sodium (as Na Citrate)	60 mg
Total Carbohydrates	2 g
Potassium (as K Chloride)	210 mg
Vitamin C (as Ascorbic Acid)	120 mg
L-Glutamine	4,000 mg
L-Citrulline Malate	1,000 mg
Stevia Leaf Extract	300 mg
Branched Chain Amino Acid Blend	4,500 mg
Containing:	
L-Leucine	3,000 mg
L-Isoleucine	750 mg
L-Valine	750 mg

Other Ingredients: pineapple juice powder, citric acid, silicon dioxide, lemon flavor, wild berry flavor, red cherry powder, Luo Han Guo (Momordica grosvenori), fruit extract.

Warning: Consult your healthcare practitioner before taking this product if you are pregnant, nursing, planning to become pregnant, if you have heart or liver disease, or if you are taking blood pressure medications or antidepressants. Do not take this product if you are taking medications for erectile dysfunction.

Suggested Use: As a dietary supplement, mix one scoop (12.5 g) with cold water or juice once daily or as directed by your healthcare provider.



GLUTEN FREE / SOY FREE

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WORKING SYNERGISTICALLY TO BENEFIT CARDIOVASCULAR & BONE FUNCTION*



CALCIUM IS INVOLVED IN THE TRANSMISSION OF:

- Nerve Impluses and Muscle Contraction Including the Heart Muscle
- Blood Clotting and Reducing Cholesterol
- Enhancing the immune system

Calcium deficiency symptoms include irritability and nervousness, muscle cramping and fatigue, osteoporosis, periodontal disease, insomnia, high blood pressure, menstrual problems, confusion, throat spasms and twitching and jerking of the major or minor muscles.*

WHAT FACTORS LEAD TO CALCIUM DEFICIENCY?

The most common factors leading to calcium deficiency are poor eating habits, stress and lack of exercise.* Birth control pills draw on the body’s calcium levels and large intakes of dietary fat, oxalic acid (present in chocolate) and phytic acid (found in wheat bran) can prevent the absorption of calcium in the body.*

Excessive intake of phosphorus, which is present in most soft drinks and junk food, can also cause calcium loss from bones.* The body needs phosphorus in a one-to-one ratio with calcium; however, too much phosphorus in the diet can inhibit calcium absorption.* Emotional stress and physical stress due to injury, pregnancy or a strict diet can also lead to calcium loss.* Stress may also increase cortisone production in the body which can interfere with calcium absorption.*

WHAT IS THE RECOMMENDED DAILY ALLOWANCE (RDA) FOR CALCIUM AND WHICH FOODS ARE THE BEST SOURCES?

The RDA for calcium for adults is from 800 to 1,200 mg. However, most nutritionists recommend 1,000 to 1,500 mg daily for women, long before the start of menopause to prevent calcium deficiency which may lead to osteoporosis.*

WHAT FACTORS ARE INVOLVED IN THE METABOLISM AND ABSORPTION OF CALCIUM?

Utilization of calcium depends particularly on correct phosphorus and magnesium levels.* In general, we should have a two-to-one ratio of calcium to magnesium.* A deficiency of magnesium decreases calcium as well as potassium levels leading to enzyme problems that can interfere with calcium metabolism.* Calcium and magnesium work synergistically to benefit the health of the cardiovascular system.* Both magnesium and phosphorus facilitate calcium absorption in the body.* Vitamins A and C also assist in the metabolism of calcium, and Vitamin D is required for its absorption.*

DO CALCIUM SUPPLEMENTS WORK?

Yes, one of the best ways to receive sufficient calcium levels is through supplementation.* Calcium supplementation in the range of 1,000 mg daily supports regeneration of bone and maintenance of blood pressure within normal range.*



- Supports cholesterol and triglyceride levels within the normal range*
- Promotes healthy blood flow*
- Encourages normal blood viscosity*
- Protects against everyday wear and tear*
- Maintains HDL “good” cholesterol in the normal range*

Keeping blood flow and cholesterol levels in the normal range are important to heart health.* Healthy aging depends on a healthy heart and a well-functioning circulatory system, where blood flows smoothly and arteries are strong, yet flexible.

SUPPORTS CHOLESTEROL ALREADY IN THE NORMAL RANGE*

- Important ingredients in IV LOUNGE Wellness Center’s Cardiovascular Health include red yeast rice, a whole food made from dried fermented rice, and artichoke leaf extract.* Red yeast rice has been used for centuries in China as food and as a remedy. Red yeast rice and artichoke naturally maintain cholesterol levels already within normal ranges.* Artichoke leaf extract balances activity of the enzyme responsible for maintaining normal cholesterol.*
- IV LOUNGE Wellness Center Cardiovascular Health also contains phytosterols, plant steroid alcohols that block the over-absorption of cholesterol. A healthy liver protein synthesis is maintained by Policosanol. This and guggul lipids protect against lipid peroxidation, a process where lipids in the body become rancid and cause damage.*

SUPPORTS CHOLESTEROL ALREADY IN THE NORMAL RANGE*

- Policosanol maintains high-density lipoprotein (HDL) “good” cholesterol in the normal range.* We also included Chromium because it supports healthy blood sugar and promotes normal HDL-to-LDL ratios.*

HEALTHY BLOOD FLOW AND VISCOSITY*

- Red yeast rice has been used in China for improving blood circulation for over 1,000 years.* Policosanol promotes smooth blood flow and normal blood pressure.* Also containing coenzyme Q10 (CoQ10), critical for cellular energy and found in high levels in the heart.* CoQ10 blocks everyday wear and tear, known as oxidative stress, making for a resilient and strong cardiovascular system.*

RECOMMENDED FOR:

- Cardiovascular health and Healthy aging*
- Maintaining cholesterol in the normal ranges*
- Optimum blood lipids and Improving circulation*
- A calm immune response in the blood vessels*

Supplement Facts	
Serving Size 2 Tablets Servings Per Container 90	
Amount Per Serving	
Vitamin D3 (as Cholecalciferol)	50 IU
Calcium (as Ca Amino Acid Chelate)	500 mg
Magnesium (as Mg Amino Acid Chelate)	200 mg

Suggested Use: As a dietary supplement, take 2 tablets with a meal, or as directed by your healthcare practitioner.

Other Ingredients: microcrystalline cellulose, stearic acid, vegetable stearate, croscarmellose sodium, silicon dioxide, pharmaceutical glaze.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.



GLUTEN FREE

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Supplement Facts		
Serving Size 3 Capsules		
Servings Per Container 30		
Amount Per Serving		% Daily Value
Chromium (as Chromium Polynicotinate)	200 mg	571%
Red Yeast Rice		*600 mg
Policosanols (from Sugar Cane)		*20 mg
Phytosterols Complex (from Soy)		*500 mg
Yielding total phytosterols		450 mg
Beta sitosterol		180 mg
Campesterol		90 mg
Stigmasterol		*6 mg
Coenzyme Q10		*20 mg
Guggul Lipids Powder		*200 mg
Artichoke (leaf) Extract		*100 mg
*Daily Value Not Established		

Suggested Use: As a dietary supplement, take 3 capsules daily with food. The daily amount can be divided between AM and PM, or as directed by your healthcare practitioner.

Other Ingredients: rice flour, hypromellose (capsule), vegetarian leucine.

Warning: If pregnant, nursing or taking any cholesterol-lowering medication, consult your healthcare practitioner before taking this product.



VEGETARIAN / GLUTEN FREE Contains: Soy.

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IV LOUNGE™
**DIGESTIVE*
PROBIOTIC**

A DIETARY SUPPLEMENT TO
SUPPORT DIGESTION AND G.I.
TRACT HEALTH*

VEGETARIAN • GLUTEN FREE

90 TABLETS

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VEGETARIAN • GLUTEN FREE

90 TABLETS

IV LOUNGE™
DIGESTIVE*

3 IMPORTANT CHELATED FORMS OF MAGNESIUM FOR ENHANCED ABSORPTION.*



SUPPORTS:

- Adrenal hormone balance*
- Bone health*
- Cardiovascular function*
- Detoxification functions*
- Glucose metabolism*
- Mental health*
- Nerve function*
- Tooth enamel*

WHAT ARE CHELATES?

- Chelates are organic compounds attached to a mineral resulting in a stable structure. The purpose of chelated minerals is to surround a metal ion with an organic molecule so that it can be better absorbed in the human body.*

ABOUT MAGNESIUM:

- Magnesium is an essential mineral and must be taken in through the diet. However, with over processed foods and depleted soil, it is difficult to get the optimal daily intake.
- Magnesium promotes the absorption and metabolism of calcium and is responsible for the activation and function of 325 enzymes that affect various metabolic processes and physiological functions such as:
 - neuromuscular contractions*
 - heart and cardiovascular function*
 - regulation of the acid-alkaline balance in the body*
- Magnesium is necessary for the metabolism of carbohydrates, amino acids and fats; also for energy production, and the utilization of calcium, phosphorus, sodium and potassium which are important electrolytes.

MAGNESIUM DEFICIENCIES HAVE BEEN ASSOCIATED WITH A VARIETY OF CONDITIONS SUCH AS:

- Confusion*
- Occasional sleeplessness*
- Low mood states*
- Irritability*
- Fatigue*
- Musculoskeletal conditions*
- Tooth decay*

Supplement Facts	
Serving Size 4 Capsules Servings Per Container 120	
Amount Per Serving	
Magnesium (Mg Taurate, Mg Glycinate, Mg Malate)	300 mg

Suggested Use: As a dietary supplement, take four capsules daily. Daily amount may be divided between AM & PM, or as directed by your healthcare practitioner.

Other ingredients: microcrystalline cellulose, hypromellose (capsule), vegetarian leucine.

WARNING: If pregnant or nursing, consult your healthcare practitioner before taking this product.



VEGETARIAN / GLUTEN FREE / SOY FREE

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A supplement for cardiovascular and periodontal support.* Recommended to support immune system, heart, liver and gum tissue functions.*

A vital nutrient for the formation of Adenosine Triphosphate, the basic energy molecule used by every cell.

FOR ENERGY

- CoQ10 is found in the mitochondria, where energy is made. Hundreds of mitochondria are present in each cell. It is found in the highest concentration in “high energy” organs such as the brain, heart, muscles, liver, kidneys and pancreas.

RECOMMENDED TO SUPPORT

- Periodontal health*
- Cardiovascular health*
- Carbohydrate metabolism*
- Oxygen utilization*
- Liver health and detoxification processes*
- Recurrent or persistent mouth and gum concerns*
- Enhanced energy production for a healthy immune response*
- Increased circulation, physical energy and stamina*
- Geriatric patients because levels of Q10 in the body decline with age.*

Supplement Facts	
Serving Size 1 Softgel Servings Per Container 30	
Amount Per Serving	
Vitamin A (as Beta Carotene)	700 mg
Vitamin E	67 mg
Coenzyme Q10 (Ubiquinone)	100 mg

Suggested Use: As a dietary supplement, take 1 softgel daily, or as directed by your healthcare practitioner.

Other Ingredients: rice bran oil, gelatin, glycerin, purified water, yellow beeswax, annatto extract.

Contains: Soy.

Warning: If pregnant, nursing or taking any cholesterol-lowering medication, consult your healthcare practitioner before taking this product.



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DEACTIVATION

FOR OPTIMAL HEALTH - WITH THE BERING SELECT NUTRASOLVE3™



SUPPORTS HEALTHY:

- intestinal
- immune
- neurological

Research indicates that omega-3 fatty acids are excellent for brain, eye, and cardiovascular health and are shown to beneficially influence inflammatory response. Fat soluble vitamins A and D play key roles in immune activity, including support for white blood cell function and immune self-regulation. The nature made combination of omega-3 fatty acids and natural form vitamins A and D will benefit people at every stage of life.*

The Bering Select NutraSolve3 is the only cod oil in the world that has maintained the full spectrum of nutrients including a high omega-3 fatty acid composition rich in balance of EPA and DHA along with DPA, along with the complete family of natural vitamin A and D factors, and the preservation of the sensitive Proresolving Mediators (PRMs) and their Specialized Proresolving Mediator metabolites (SPMs).

The PRMs and SPMs have only recently been discovered by Dr. Charles Serhan, the Simon Gelman Professor of Anaesthesia, Perioperative and Pain Medicine (Biochemistry and Molecular Pharmacology) at Harvard Medical School and Professor of Oral Medicine, Infection and Immunity of Harvard School of Dental Medicine, Harvard University, as being of significant importance in supporting proper immune defense and response to inflammation.*

They have been found to support healthy intestinal, immune and neurological function. The type of PRMs and SPMs and their amount in NutraSolve3 has been found to be very similar to that found in mother’s breast milk. It appears that specific PRMs and SPMs are produced by the immune system of the body to help balance its function, and therefore the structure of the types of these substances and their amounts are being recognized as important for the maintenance of good health.*

TRACEABILITY & SUSTAINABILITY

- Full transparency of time, location, and vessel used to harvest raw material
- Catch is immediately processed on board fishing vessel for maximum freshness
- Crude oil rendered at Bering Select’s state-of-the-art facility in Dutch Harbor, Alaska

Supplement Facts			
Serving Size 1 Softgel			
Servings Per Container 60			
Amount Per Serving		% Daily Value	
Calories		10	
Total Fat	† 1 g	1%	
Cholesterol	† 5 mg	2%	
Vitamin A (100% naturally occurring from CLO)	180 mcg	20%	
Vitamin D (100% naturally occurring from CLO)	1 mcg (40 IU)	5%	
Alaskan Cod Liver Oil (yielding resolving mediators including 14-HDHA, 17-HDHA, 18-HEPE)		1,000 mg	
Total Omega-3 Fatty Acids		240 mcg	
Eicosapentaenoic Acid (EPA)		100 mg	
Docosahexaenoic Acid (DHA)		100 mg	
Docosapentaenoic Acid (DPA)		10 mg	
*Daily Value Not Established			
† ChromeMate® brand niacin-bound chromium.			

Suggested Use: As a dietary supplement, take 1 softgel daily, or as directed by your healthcare practitioner.

Other Ingredients: Capsule Shell (gelatin, glycerin, purified water), natural mixed tocopherols



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DESENSITIZE

HELPS MANAGE RESPIRATORY & NASAL DISCOMFORT & SKIN IRRITATION.*



No other formula on the market contains all of these well-researched nutrients combined into one great formula to help support proper immune & respiratory function and comfort*.

HISTAMINE SUPPORT

- **Quercetin** - helps strengthen cell membranes making them less reactive to irritants.* Quercetin helps to manage the intensity of environmental sensitivities by supporting histamine within normal ranges.*
- **Bromelain** - helps to increase the absorption of quercetin; and together quercetin and bromelain work to help reduce discomfort associated with environmental sensitivities.*
- **Perilla Seed Extract** - Together the active components of Perilla seed help reduce discomfort associated with the aspects of histamine release including skin irritation, sneezing, stuffy nose, overproduction of phlegm, eye irritation, and runny nose.* (yielding Polyphenols, Rosmarinic Acid and Luteolin)
- **N-Acetyl Cysteine** - to support healthy lung tissue and help break up mucus.*

- **Grape Seed Extract** - contains proanthocyanidins, which help manage discomfort during seasonal respiratory challenges by balancing the body’s release of histamine.*

ANTIOXIDANT & IMMUNE SUPPORT

- **Vitamin C & Quercetin** - Vitamin C is a powerful antioxidant that, enhanced by the synergistic presence of Quercetin, helps to support proper immune & respiratory functions and to regulate the production of histamine.*
- **Dimethylglycine** - is a methyl donor that benefits the immune system by fighting free-radical damage.* DMG also supports proper respiratory function by promoting circulation and oxygen utilization to the lung tissues.*
- **Grape Seed Extract** - (yielding proanthocyanidins) is a cell-protective substance that supports comfort and proper histamine levels.*
- Supports Proper Respiratory Function*
- Itchy and Irritated Eyes, Skin and Nose*

Supplement Facts			
Serving Size 1 Tablet			
Servings Per Container 60			
Amount Per Serving			
Vitamin K2 (as MK-7)		250 mg	
Quercetin		250 mg	
Bromelain		250 mg	
N-acetyl Cysteine		200 mg	
Grape Seed Extract		150 mg	
Yielding: Proanthocyanidins		142.5 mg	
N,N-Dimethylglycine HCl (DMG)		100 mg	
Perilla (Perilla frutescens) Seed Extract		75 mg	
Yielding: Polyphenols		2.5 mg	3%
Rosmarinic Acid		1.3 mg	1.5%
Luteolin		75 mcg	.01%

Suggested Use: As a dietary supplement, take 1 tablet, 2 to 3 times daily between meals, or as directed by your healthcare practitioner.

Other Ingredients: microcrystalline cellulose, stearic acid, croscarmellosesodium, vegetable stearate, silicon dioxide, hydroxypropylmethylcellulose, titanium dioxide, polyethylene glycol.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Warning: This product contains lead, a chemical known to the State of California to cause birth defects and other reproductive harm.



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DETOX SUPPORT



Ingredients of interest include:
LeucoSelect® Phytosome™ Siliphos®
Silybin Phystosome™ CurcuWIN®
Turmeric™ Extract Chlorella-Cracked
Cell Powder

Supplement Facts	
Serving Size 6 Capsules	
Servings Per Container 15	
Amount Per Serving	
Magnesium (as Mg Citrate)	100 mg
Selenium (as Selenomethionine)	60 mcg
Chlorella-Cracked Cell Powder	1,000 mg
Bacillus coagulans	5 billion CFU
N,N-Dimethylglycine HCl (DMG)	500 mg
L-Glycine	300 mg
L-Glutamine	300 mg

CurcuWIN® is a trademark of OmniActive Health Technologies Ltd. CurcuWIN® is a trademark of OmniActive Health Technologies Ltd. and Leucoselect Phytosome are registered trademarks of Indena SpA.

Warning: If pregnant, nursing, have gallstones or gallbladder disease, consult your healthcare practitioner before taking this product. Not for use in children.

Suggested Use: As a dietary supplement, take 6 capsules daily for up to 1 month, or as directed by your healthcare practitioner. Detoxification programs are not intended for long term use. Consult your healthcare practitioner if you plan to use the formula for more than 1 month at a time. Other Ingredients: vegetable cellulose (capsule), vegetarian leucine, silicon dioxide.

DETOXIFICATION FUNCTIONS *

toxins exit the body. Colon health, digestion and overall intestinal wellbeing are intricately involved throughout this process. The Bacillus coagulans used in this formula are from a vegetarian, dairy free source. Burdock offers a soothing effect on the GI tract including mucilage and inulin which promotes healthy intestinal bacteria during and following a detoxification program.*

- **Urinary Tract Support** - also plays an important role in the elimination process.* Uva Ursi Leaf Extract is mostly for its kidney supportive cleansing properties.

RECOMMENDED FOR PEOPLE:

- searching for support for normal toxin cleansing and individuals on a weight-loss program*
- Exposed to chemical solvents (painters, dry cleaners, construction workers, printers, office workers, mechanics, manicurists, and beauticians)
- Who experience continuing fatigue*
- Undergoing sauna therapy and people with chemical sensitivities*

Combines various minerals, herbs, antioxidants, glutathione precursors, amino acids, DMG and 3 patented ingredients known to support bioavailability and liver health.*

SUPPORTS NORMAL DETOXIFICATION IN THE FOLLOWING WAYS: *

- Providing advanced, balanced support for multiple phases of detoxification*
- Supporting kidney, liver and colon health and function*

PHASES OF DETOXIFICATION

- **Phase I (neutralize)** - involves the cytochrome P450 family, which are all imbedded in healthy cell membranes of liver cells, they convert a toxin into a more water-soluble form when they metabolize it, generating many free radicals which make antioxidants.
- **Phase II (conjugate)** - is the process which involves combining compounds in order to neutralize toxins, making them easier to excrete through the urine or bile.
- **Phase III (eliminate)** - when the

L-Taurine	300 mg
CurcuWIN® Turmeric (Curcuma longa) Root Extract	200 mg
Yielding curcuminoids	40 mg
Siliphos Silybin Phytosome Silybum marianum Seed Extract/ Phosphatidylcholine Complex)	200 mg
Stinging Nettle (Urtica dioica) Leaf 4:1 Extract	167 mg
Uva ursi Leaf 4:1 Extract	167 mg
Burdock (Arctium lappa) Root 4:1 Extract	167 mg
LeucoSelect Phytosome (Grape Seed (Vitis vinifera) Extract / Phosphatidylcholine Complex)	100 mg
Alpha-Lipoic Acid	60 mg
N-Acetyl-L-Cysteine	250 mg



VEGETARIAN / GLUTEN FREE Contains: Soy.



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DHEA



HELP MAINTAIN NORMAL LEVELS OF THE DHEA HORMONE. *

DHEA is an important adrenal hormone that supports healthy aging.* DHEA levels decline with age and adrenal stress. DHEA supports immune system and thyroid function, as well as memory and energy function.*.

FACTORS THAT CONTRIBUTE TO LOW DHEA LEVELS INCLUDE:

- Aging, sugar, nicotine
- Caffeine, alcohol, nutritional imbalance
- A vegetarian diet low in cholesterol and healthy fats

HOW DHEA 25 WORKS

- DHEA seems to support IGF-1 levels (insulin growth factor) and support decreased levels of cortisol.* IGF-1 is the hormone, or growth stimulating metabolite, produced by the metabolism of HGH, and is responsible for the beneficial effects of elevated human growth hormone. With aging there is a decline in DHEA and an elevation of cortisol. High and prolonged levels of cortisol in the bloodstream (like those associated with chronic stress) have been shown to have negative effects such as:

- Impaired cognitive performance and suppressed thyroid function
- Blood sugar imbalances
- Decreased bone density and a decrease in muscle tissue
- Higher blood pressure and lowered immunity
- Elevating DHEA levels is a way to help manage high cortisol levels and improve IGF-1 production.*

ABOUT DHEA (DEHYDROEPIANDROSTERONE)

- DHEA is a steroid hormone produced from cholesterol by the adrenal glands. It is the most abundant steroid in the bloodstream and is present at even higher levels in brain tissue.

STUDIES SHOW DHEA MAY BENEFIT:

- The immune system*
- Blood sugar metabolism and weight management*
- Brain and bone health*
- Heart health*
- Estrogen and testosterone levels*

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 90	
Amount Per Serving	
DHEA (micronized)	25 mg

Suggested Use: As a dietary supplement, Adults (18 years and over), take 1 capsule daily, or as directed by your healthcare practitioner. Other Ingredients: vegetable cellulose (capsule), vegetarian leucine. Caution: May interfere with birth control medications and devices.

Warning: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified healthcare professional before using this product if you have, or have a family history of, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified healthcare professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. KEEP OUT OF REACH OF CHILDREN. To report any adverse events call 1-800-332-1088.



VEGETARIAN / GLUTEN FREE

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GLUTEN FREE, VEGETARIAN AND PROBIOTIC DIGESTIVE ENZYME SUPPLEMENT



- Lactase supports the breakdown of lactose, a milk sugar.* If lactose is not broken down properly it can cause intolerance in some individuals.*
- Bromelain is a proteolytic that digests proteins into smaller units (peptides and amino acids) for better absorption and utilization.* Incomplete digestion of proteins can lead to food sensitivities in some individuals.*
 - Protease enzymes break down proteins into peptides and amino acids necessary to support proper growth and repair of cells and help the production of enzymes, hormones and DNA.*
 - Lipase enzymes help digest and assimilate fats which are essential for the absorption of fat soluble vitamins.*
 - Amylase breaks down carbohydrates for energy to drive our brains, nervous system, heart, lungs and muscles.*

PROBIOTICS

- Lactobacilli strains are located in the small intestine and produce lactic acid. Many strains of bacteria from the lactobacillus family have been shown to support regularity and urogenital health, produce the lactase enzyme and help protect the gut from unwanted

- microorganisms.*
- Bifidobacterium are located in the colon and produce lactic acid and acetic acids, making the gut a very inhospitable place for unwanted material. Bifidobacteria also support regularity*. Bacillus coagulans is a spore forming, lactic acid producing bacteria. It supports immune system function, elimination of unwanted material and has been shown to help reduce gas and bloating.*

FEATURES

- Vegetarian source of enzymes and probiotics
- Lactase to break down milk sugar and dairy products
- Protease enzyme

RECOMMENDED FOR

- Enzyme support in vegetarians*
- Proteolytic enzyme support*
- Geriatric individuals or those
- individuals under stress*
- Support for those with a need for additional enzyme and probiotic support*

HORMONAL BALANCE AND WEIGHT MANAGEMENT IN BOTH MEN AND WOMEN.*



IV LOUNGE Wellness Center Estrogen Balance supports your estrogen management system that will help you to achieve your health and fitness goals, whether you are a man or woman, young or old, athlete, body builder or a dieter.*

ABOUT

- A proprietary blend of Diindolylmethane (DIM)), Vitamin E and Phosphatidylcholine in a highly-bioavailable, patented form that reduces the health risks associated with estrogen dominance and slow estrogen associated with estrogen dominance and slow estrogen proper hormone balance.*
- A plant compound that promotes estrogen metabolism causing a beneficial shift in the balance of estrogen, testosterone and progesterone in both men and women.* A healthy balance between estrogen, testosterone and progesterone supports skin, prostate, ovarian, breast, skeletal, joint and cardiovascular health, lean body mass, efficient fat burning, better physical conditioning, improved mood and memory, increased libido, and by supporting healthy aging.*

IN WOMEN

- Estrogen is the dominant hormone. Healthy metabolism of estrogen lowers the health risks and side-effects associated with unopposed estrogen or estrogen dominance.

IN MEN

- Testosterone is the dominant hormone while estrogen is found in small amounts. Increased estrogen and inadequate estrogen metabolism contribute to male hormonal imbalance. Supporting estrogen metabolism with IV LOUNGE Wellness Center Estrogen Balance may help restore the testosterone-to-estrogen ratio.*

SUPPORTS:

- Those taking HRT because it helps the body balance estrogen by modulating the activity of enzymes.* These enzymes support the metabolism of estrogen.*

CAN BE USED WITH:

- Other supplements to support metabolism and hormone balance.*
- Considered safe to use in conjunction with synthetic hormone replacement therapies.*

Supplement Facts	
Serving Size 1 Chewable Tablet Servings Per Container 90	
Amount Per Serving	
Calories	5
Total Carbohydrates	1 g
Proprietary Blend of Non-Dairy Probiotic Culture Containing: Bacillus coagulans, Lactobacillus acidophilus, Lactobacillus bulgaricus, Lactobacillus rhamnosus, Bifidobacterium breve, Bifidobacterium longum	318.75 mg
Proprietary Blend of Digestive Enzymes Containing Amylase (100,000 SKBU/g), Lactase (15,000 ALU/g), Bromelain (2,400 GDU/g), Lipase (15,000 FIP/g), Cellulase (6,000 CU/g), Protease (5,000 HUT/g)	156.2 mg
Stevia Leaf Extract	12 mg

Other Ingredients: mannitol, vegetable stearate, natural tropical fruit strawberry flavors, citric acid, silicon dioxide, orange fruit powder.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, chew 1 tablet, 3 times daily, with meals, or as directed by your healthcare practitioner.



VEGETARIAN / GLUTEN FREE

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Supplement Facts	
Serving Size 1 Capsule Servings Per Container 60	
Amount Per Serving	
DIM® (a proprietary enhanced bioavailability complex of starch, diindolylmethane, Vitamin E as tocophersolan, phosphatidylcholine, silica.)	75 mg

IV LOUNGE® Wellness Center Estrogen Balance are licensed from BioResponse, LLC, Boulder CO US Patent # 6,086,915

Suggested Use: As a dietary supplement, Take 1 capsule with food, 1 to 2 times daily, or as directed by your healthcare practitioner.

Other Ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetarian leucine.

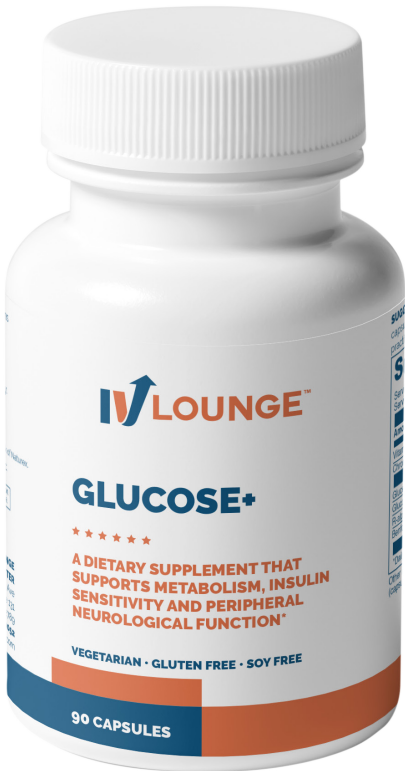
Warning: If pregnant, nursing, or planning to become pregnant, do not take this product.

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VEGETARIAN / GLUTEN FREE / SOY FREE

A THREE-PRONGED APPROACH TO METABOLIC SUPPORT



Also contains B6, R-Alpha Lipoic Acid and Chromium. Supplementing with chromium can help the body to build lean muscle mass, maintain glucose and cholesterol levels within normal ranges, and metabolize fat more efficiently.*

- Botanicals that work to support healthy glucose levels directly*
- Nutrients to support insulin sensitivity*
- Healthy nerve innervation support from fat-soluble B1 and the bioactive form of B6*

The fruit and seeds of Fraxinus angustofolia (commonly known as the Ash), have long been used, just like Ash bark and leaves, for medicinal purposes. In recent years, researchers have found its properties are supportive of metabolic health. In one human study, researchers concluded that “The administration of an extract from Fraxinus angustofolia seeds/fruits in combination with a moderate hypocaloric diet may be beneficial in metabolic disturbances linked to impaired glucose tolerance, obesity, insulin resistance and inflammatory status, specifically in older adults” (Zulet et al., 2014.)

GlucoDox is a well- researched ingredient to support healthy lipid and glucose

metabolism. The research on guggulsterones is clear: the mechanisms that control GlucoDox’s action may support normal insulin sensitivity, cholesterol levels within normal ranges, regulate pre-adipocyte to adipocyte transformation balance, and support healthy glucose transport based on AMPK activity stimulation* (“GlucoDox”) - Natural metabolic support*,” 2013).

Vitamin B1, or thiamin - is known for its support of normal nerve health and function.* A required cofactor in the production of certain enzymes (such as those involved in glucose metabolism pathways), thiamin is critical for healthy metabolic function. BenfoPure is a benfotiamine formulation, an analog of thiamin. As a lipid-soluble compound, it is both more ready for use and more active than traditional forms of thiamin. Benfotiamine supports normal intracellular glucose levels, and normal rates of AGE formation.* It also supports the healthy stimulation of the enzyme transketolase, which helps to convert toxic compounds into less harmful compounds.*

BENEFITS

- Blood glucose levels within normal ranges*
- Enhanced cellular energy*
- Balanced fat cell formation and storage*

HORMONAL BALANCE AND WEIGHT MANAGEMENT IN BOTH MEN AND WOMEN.*



Combines nutrient rich vegetables, fruits and herbs with enzymes and probiotic cultures.

DETOXIFICATION SUPPORT

- Spirulina and Chlorella are both sources of blue-green algae, which has a rich nutrient profile.* It supports healthy functioning of the liver and immune system, to aid in detoxification.*
- Chlorella supports cell reproduction, as well as restorative processes that promote healthy organs and tissues.*

PHYTONUTRIENT SUPPORT

- Red Raspberry supports capillary strength.*
- Cranberry supports urinary tract health and function by keeping unwanted materials from adhering to the cell walls of the bladder.*
- Blueberry supports eye, urinary tract and cardiovascular health and gastrointestinal function.*
- Bilberry has traditionally been used to support proper functioning of the eye.* Which benefits artery walls, support connective tissue health and strengthen capillaries.*

- Grape Seed Extract plays a role in the stabilization of collagen and maintenance of elastin, thereby supporting organ, joint, blood vessel and muscle functions.*

DIGESTIVE SUPPORT

- Fructooligosaccharides (FOS) are considered a soluble fiber and pre-biotic that supports the growth of beneficial bacteria and aids in the elimination of unwanted substances.*

IMMUNE SYSTEM SUPPORT

- Oat Beta-Glucans support immune system function.* Oat Beta-1,3-Glucans extracted from oats are a highly researched polysaccharide with immune supporting properties.* They support the activity of macrophages that clear away cellular debris and other unwanted materials by digesting them.*
- **Supports the body’s immune system functions.***
- **Supports detoxification and G.I. Tract health.***
- **Supports the body’s ability to cleanse, detoxify and rejuvenate.***

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	
Vitamin B6 (as Pyridoxal-5-Phosphate)	55 mg
Chromium (as Cr Polynicotinate)	1,000 mcg
Glucevia® (Fraxinus angustofolia)	1,000 mg
GlucoDox®	200 mg
R-alpha lipoic acid	100 mg
BenfoPure® Benfotiamine	75 mg



VEGETARIAN / GLUTEN FREE / SOY FREE



Glucevia® is a registered trademark of Naturex.

Suggested Use: As a dietary supplement, take 3 capsules daily, or as directed by your healthcare practitioner.

Other Ingredients: microcrystalline cellulose, hypromellose (capsule), vegetarian leucine.

Caution: It is recommended to discontinue use 2 weeks before any elective surgery.

Warning: If pregnant, nursing or taking any cholesterol-lowering medication, consult your healthcare practitioner before taking this product.

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Supplement Facts

Serving Size 1 Scoop (11.88 grams)
Servings Per Container 30

Amount Per Serving	
Calories	45 mg
Total Carbohydrates	9 g
Sugars	2 g
Fiber**	2 g
Protein	2 g
Vitamin A	638 IU
Vitamin C	38.3 mg
Calcium	20.8 mg
Iron	1.1 mg
Sodium	44.9 mg
Chlorella-Cracked Cell Powder	750 mg
Spirulina	500 mg

Fibersol® is a registered Trademark of ADM/Matsutani LLC and Matsutani Chemical Industry Co.LTD.

Fibersol®-2 is a soluble dietary fiber produced by ADM/Matsutani LLC.

Other Ingredients: natural apple flavor, cinnamon powder.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product. This product contains lead, a chemical known to the State of California to cause birth defects and other reproductive harm.

Suggested Use: As a dietary supplement, mix 1 heaping scoop (11.88 g), daily in 8 oz. of cold water or juice, or as directed by your healthcare practitioner.



VEGETARIAN

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LUXURIOUS HAIR FOR WOMEN, A HANDSOME HEAD OF HAIR FOR MEN *



We all want healthy, full, glossy hair. Unfortunately, many factors interfere with having a magnificent mane. For example, imbalances in hormones and enzymes as well as aging can take their toll on hair health. It provides essential nutrients, supports hormone balance, and nourishes hair follicles for men and women who want healthier hair.*

THE KEY TO GLOSSY, HEALTHY LOOKING HAIR *

- The ingredients in IV LOUNGE Wellness Center Healthy Hair strengthens hair and improves texture.* The amino acids cysteine and methionine provide synergistic support, leading to shinier, healthy hair.* MSM helps the body make more keratin, which in turn produces strong, hair that will break less easily.*
- Saw palmetto, beta sitosterol, and GLA block the enzyme responsible for normal hair loss: 5-alpha reductase.* Pygeum extract and stinging nettle root promote hair follicle repair.* Ingredients like MSM, cysteine, and methionine, provides plenty of sulfur to support hair growth.* As a bonus, sulfur keeps skin soft, supple, and smooth.* Biotin and Zinc promote hair growth and may also keep hair from turning gray.*

KEEPS THE SCALP HEALTHY *

- The scalp sets the foundation for a healthy head of hair. MSM, cysteine, and methionine provide plentiful blood supply to the scalp, which is linked to hair growth.* Cysteine and methionine also boost collagen production to keep the surface of the scalp healthy.* Grape seed extract contains proanthocyanidins support growth of hair follicles.*

BENEFITS:

- Supports healthy hair growth and texture* Nourishes and repairs hair follicles*
- May keep hair from turning gray*
- Keeps skin soft, supple, and smooth* Provides glossy, youthful hair*
- Promotes blood flow to the scalp*

Supplement Facts		
Serving Size 3 Capsules		
Servings Per Container 30		
Amount Per Serving	% Daily Value	
Biotin	600 mcg	2,000%
Zinc (as Zinc Picolinate)	15 mg	136%
Copper (as Copper Sulfate)	3 mg	333%
DL-Methionine	500 mg	
Saw Palmetto (Serenoa repens) Berry Extract	360 mg	
Yielding fatty acids	162mg	45 %
Methylsulfonylmethane (MSM)	200 mg	
L-Cysteine	200 mg	
Grape Seed Extract	200 mg	
Yielding proanthocyanidins	190 mg	



VEGETARIAN / GLUTEN FREE Contains: Soy.

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Horsetail Rush (Equisetum arvense) Herb Extract	100 mg	
Pygeum africanum Bark Extract yielding plant sterols	75 mg	1.87 mg
Plant Sterol Complex Beta Sitosterol	75mg	40%
Gamma Linolenic Acid (GLA) Powder	50mg	35%
Stinging Nettle (Urtica dioica) Root Extract	50 mg	
DIM (a proprietary enhanced bioavailability complex of starch, diindolylmethane, Vitamin E as tocophersolan, phosphatidylcholine, silica.)	50 mg	
Green Tea Extract	50 mg	
Yielding EGCG (E pigallo-catechin-3-gallate)	15 mg	

Other Ingredients: microcrystalline cellulose, hypromellose (capsule), vegetarian leucine.

Warning: If pregnant, nursing, or planning to become pregnant do not take this product.

SUPPLEMENT DESIGNED TO SUPPORT HORMONE BALANCE IN MEN & WOMEN *



Geared toward the supporting testosterone levels in both men and women. Ultimately, the mechanisms of action at play extend beyond the dominant male hormone into mitochondrial energy and ATP synthesis support, protection against the degradation of CoQ10 within the mitochondria itself, and one of the most vital aspects to metabolic support.*

ABOUT THE INGREDIENTS

- **PrimaVie®** - PrimaVie®, a clinically proven and high quality Purified Shilajit from the Himalayas, supports free and total testosterone levels. PrimaVie® consists of dibenzo-pyrones (DBPs), DBP-chromoproteins (DCPs), fulvic acid and forty different trace minerals. Clinical studies have shown that PrimaVie® can support exercise endurance and overall fitness levels and has been shown to up-regulate genes in skeletal muscle coding for synthesis of collagen.*
- **Maca** - Maca is a hardy plant root cultivated high in the Andes of Peru and has been used by native people for thousands of years. According to literature, Maca is a powerful adaptogen and is an ancient nutritional source known for its ability to support the endocrine (hormone) system in men.* It is used for supporting libido, fertility, menstrual cycles, menopausal symptoms, adrenal gland function, and energy levels.* It is also well known for balancing hormones.*
- **Deer Antler Velvet** - Deer Antler Velvet has been used as an ancient tonic throughout Asian Cultures and religions for centuries to support libido. Research has shown that Antler Velvet supports androgenic and gonadotropic effects.* It has also been shown to contain biologically active substances including estrone, testosterone and a substance similar to progesterone.
- **Fenugreek** - The metabolic supportive effect of Fenugreek was thought to be due to formation of a colloidal-type suspension in the stomach and intestines when the mucilaginous fiber of the seeds is hydrated, therefore affecting gastrointestinal transit, and slowing glucose absorption.

SUPPORTS:

- Virility and Healthy testosterone levels*
- Metabolism, Circulation and Stamina*
- Performance, Endurance and Hormone Balance*

Supplement Facts		
Serving Size 2 Capsules		
Servings Per Container 30		
Amount Per Serving		
Proprietary Blend of Maca (Lepidium meyenii) Root Standardized Extracts*	750 mg	
Yielding: Macamides	2.25 mg	
Macaenes	2.25 mg	
Glucosinolates	2.25 mg	
Fenugreek (Trigonella foenum-graecum) Seed Extract	300 mg	
Yielding Saponins	150 mg	
PrimaVie® Shilajit fulvic acid complex	250 mg	
Deer Antler Velvet Powder	100 mg	

*Daily Value Not Established

Suggested Use: As a dietary supplement, take 2 capsules daily, or as directed by your healthcare practitioner.

Other Ingredients: vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine.

Caution: Discontinue use 2 weeks prior to surgery.

Warning: Consult your healthcare practitioner before taking this product if you are pregnant, nursing, are on hormone therapy or if you have a hormone sensitive condition.



PrimaVie® is a registered trademark of Natreon, Inc. and is protected under U.S. Patents 6,969,612; 6,440,712 and patents pending.



GLUTEN FREE / SOY FREE

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HELPS PROMOTE A RESTFUL STATE.*



Known for its calming effects in the brain and has been shown to support concentration and focus while it reduces irritability and low mood states.* It directly stimulates production of alpha brain waves, giving the body a sense of deep relaxation and mental alertness without drowsiness.*

L THEANINE:

- is a naturally occurring amino acid found in green tea and is a derivative of glutamic acid, a major neurotransmitter in the brain.
- enables the body to produce other calming amino acids, such as dopamine, GABA and Tryptophan and helps with concentration, focus, deep muscle relaxation and improved quality sleep.*
- has been shown to also help the regulation of blood pressure within normal ranges.* L-Theanine produces beneficial effects on the nervous and cardiovascular systems.*
- L-Theanine from IV LOUNGE Wellness Center is a Suntheanine brand from Taiyo International, Inc. which has been extensively researched. Research studies on Suntheanine include reducing stress and irritability, promoting relaxation, sleep quality, learning and concentration.*
- is structurally identical to the L -Theanine compound naturally found in green tea. It should be noted however, that all research mentioned was conducted using Suntheanine brand and not L-Theanine from Green Tea Extract.
- can be used daily or just when you need to relax.*
- supports relaxation without causing drowsiness.*

RECOMMENDED FOR:

- Stress Management*
- Relaxation*
- Reducing irritability*

Suntheanine® L-Theanine is patented and licensed by Taiyo International, Inc.

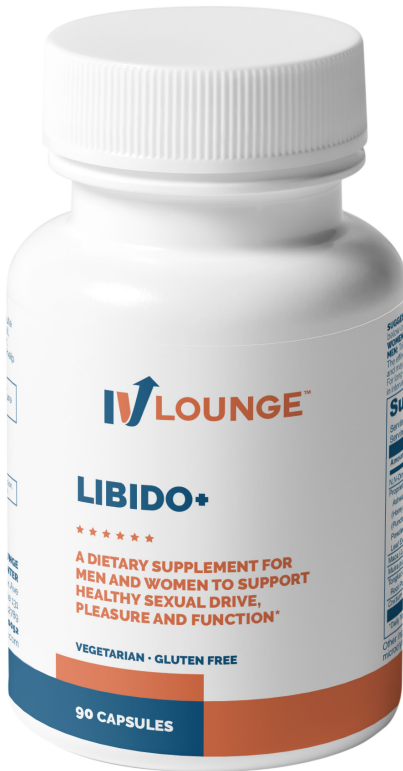
Other Ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take one capsule daily, or as directed by your healthcare practitioner.

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HEALTHY SEXUAL DRIVE, PLEASURE AND FUNCTION - FOR MEN AND WOMEN.*



Designed to address those factors that may contribute to sexual dysfunction in men and women such as energy level, hormone balance, circulation and nervous system function.*

SEXUAL MOTIVATION - APHRODISIACS

- Horny Goat Weed, Catuaba, Maca, Ashwagandha, Muira puama, Damiana, Tongkat ali, Tribulus Terrestris and Rhodiola rosea are well-known aphrodisiacs that support sexual excitement, sexual mood enhancement, sexual response, heightened sensitivity, sexual desire, arousal, passion and inspire intimacy.*

STRESS MANAGEMENT & MOOD BALANCE

- DMG, Ashwagandha, Maca, Muira puama and Rhodiola rosea are adaptogens that help the body cope with stress.* DMG, Horny Goat Weed, Catuaba, Maca, Rhodiola rosea, Muira puama and Tongkat ali support mood, focus and concentration.*

HORMONE BALANCE

- DMG, Horny Goat Weed, Maca, Muira puama, Tribulus Terrestris, Damiana and Tongkat ali support balance of key hormones and neurotransmitters involved with sexual arousal.*

ENDURANCE, STAMINA AND ENERGY PRODUCTION

- DMG, Horny Goat Weed, Catuaba, Maca, Muira puama, Tribulus Terrestris, Rhodiola rosea, Cnidium and Tongkat ali aid sexual performance by supporting energy production, endurance, and physical and mental stamina.

NERVOUS SYSTEM SUPPORT

- DMG, Horny Goat Weed, Catuaba, Muira puama, Cnidium and Damiana support nervous system function, stimulate sensory nerves, muscle control and blood flow to optimize sensitivity, maximize pleasure, improved quality of erection (in men) and genital engorgement (in women), and support satisfaction from tactile stimulation.*

SOME CHANGES YOU MAY NOTICE:

- Some men might notice harder, longer-lasting erections, a stronger libido, enhanced endurance and stamina, more pleasure during physical intimacy and a more powerful orgasm.*
- Some women may notice a stronger sexual desire, more engorgement of the genitals, more pleasure when touched, more frequent and more intense climaxes.*

Supplement Facts	
Serving Size 1 Capsule Servings Per Container 30	
Amount Per Serving	
L-Theanine (Suntheanine® brand)	200 mg



VEGETARIAN / GLUTEN FREE

Supplement Facts	
Serving Size 1 Capsule Servings Per Container 90	
Amount Per Serving	
N,N-Dimethylglycine HCl (DMG)	83.33 mg
Proprietary Blend of: Ashwagandha Root Powder, Epimedium, Sagittatum (Horny Goat Weed) Herb Powder, Tribulus Terrestris (Puncture vine) Fruit, Powder, Rhodiola rosea rhizome Powder, Catuaba 4:1 Bark Extract, Damiana 4:1 Leaf Extract	450 mg
Maca (Lepidium meyenii) Root Powder	66.66 mg
Muira puama 4:1 Root Extract	66.66 mg
Tongkat ali (Eurycoma longifolia) Root Powder	16.66 mg
Cnidium monnier Seed Powder	8.33 mg

Other Ingredients: vegetable cellulose (capsule), microcrystalline cellulose, silicon dioxide.

Warning: Do not take this product if you are hypoglycemic, diabetic, pregnant or nursing or if you are taking blood pressure medications. This product contains lead, a chemical known to the State of California to cause birth defects and other reproductive harm.

Suggested Use: As a dietary supplement, follow recommendations below, or as directed by your healthcare practitioner. **Women:** Take 1 capsule on an empty stomach, twice daily as needed. **Men:** Take 1 capsule on an empty stomach, 3 times daily as needed. The effects of this formula may begin in several hours after ingestion and may last all day. **For long-term use:** take above recommended amount in intervals of 2 weeks on and 2 weeks off.



VEGETARIAN / GLUTEN FREE

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LIVER ANTIOXIDANT

PROPER LIVER AND GALLBLADDER FUNCTION.*



Turmeric, a flavoring spice rich in Curcumin, has liver protective, detoxifying and free radical scavenging properties.*

- Used in Ayurvedic medicine as a cleansing herb for the whole body and in Chinese medicine to support liver, gallbladder, digestive, and circulatory health.*
- Today it is known to be useful in situations in which high levels of antioxidant support are necessary.*
- The volatile oils in Turmeric support joint comfort and bile production, which supports better fat digestion.*
- Turmeric supports intestinal flora and the mucus membranes of the body, including those of the digestive tract, which is important after a course of antibiotics and for those with dysbiosis (unbalanced intestinal flora).*
- Turmeric supports absorption and metabolism, has a soothing effect on the mucosa of the gut and helps protect the stomach against excess acid.*
- Curcumin supports production of B and T cells which is useful for supporting proper immune system function.*
- Curcumin also supports production of bile as well as enzymes that digest sugars and fats to help maintain blood cholesterol levels within normal ranges.*
- The active ingredients in Turmeric are thought to be its volatile oil and various curcuminoids, especially curcumin. Our Turmeric is standardized to yield 475 mg (95%) Curcumin per capsule. Turmeric has GRAS (Generally Recognized As Safe) status in the U.S. as a food product.

TURMERIC (CURCUMA LONGA) IS AN ANTIOXIDANT THAT:

- Normalizes gallbladder function*
- Aids in digestion*
- Helps maintain cholesterol levels within normal ranges*
- Supports circulation and blood vessel health*
- Protects against free radical damage and unwanted substances in the liver.*

Curcumin C3 Complex® is a Patented product and registered trademark of Sabinsa Corporation.

Bioperine® is a registered trademark and patented product of Sabinsa Corporation.

Suggested Use: As a dietary supplement, take 1 capsule daily with breakfast and 1 capsule with lunch, or as directed by your healthcare practitioner.

Other Ingredients: vegetable cellulose, microcrystalline cellulose, vegetarian leucine.

Caution: It is recommended to discontinue use 2 weeks before any elective surgery.

Warning: If pregnant, nursing or taking any cholesterol-lowering medication, consult your healthcare practitioner before taking this product.

Supplement Facts	
Serving Size 3 Capsules Servings Per Container 30	
Amount Per Serving	
Liver Antioxidant	500 mg
Yielding Curcuminoids	475 mg
Bioperine (Piper nigrum) Fruit Extract	5 mg



VEGETARIAN / GLUTEN FREE

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

MELATONIN SPRAY



Low levels of melatonin could result in poor sleep patterns, disruption of the menstrual cycle, low mood, irritability, and poor concentration.* Each serving contains 3 mg of the highest quality synthetic Melatonin in a liposomal delivery system.

- Melatonin is the principle hormone produced and secreted by the brain's pineal gland and is responsible for maintaining circadian rhythm (the body's biological clock), regulating the endocrine (hormone) system and supporting the immune system.*

MELATONIN SPRAY SUPPORTS:

- Jet lag and rotating shift work - which can interfere with the body's natural circadian rhythm and quality sleep
- Immune System- Its free-radical fighting capacity is 6 to 10 times more potent than Vitamin E and can enter the mitochondria to protect it from free radical damage.*
- Mood - Some people experience low mood when the low sunlight levels (winter) are not sufficient for their pineal glands to decrease melatonin production to its normal low daytime level. Also can support mood balance seasonally or in times of low mood.*

LIPOSOMAL DELIVERY SYSTEM

- A liposomal liquid delivery system

SUPPORT NORMAL SLEEP.*

allows for flexible, convenient dosing of Melatonin in order to address individual requirements. Liposomal technology helps to maintain the health benefits of Melatonin by protecting it from the degradative environment of the stomach.* This is especially beneficial for patients who have a sensitive gastrointestinal tract.* Liposomal encapsulation of ingredients represents a new delivery system that appears to offer important advantages over existing methods of delivery.

SLEEP QUALITY

- Normal melatonin cycles are disrupted when we are exposed to excessive light in the evening or too little light during the daytime. supports quality of sleep and increased Rapid Eye Movement time, deep sleep and dreaming also helping better quality sleep.* Melatonin can decrease the amount of time required to fall asleep, increase the number of sleeping hours and support daytime alertness.*

WHY IS MELATONIN IMPORTANT?

- Low levels of melatonin could result in poor sleep patterns, disruption of the menstrual cycle, low mood, irritability, poor concentration, headaches, mental and physical fatigue*

IRECOMMENDED FOR

- Sleep support*
- Immune system support*
- Balanced circadian rhythms important for recovery from jet-lag and rotating shift work*
- Mood Balance*

Supplement Facts	
Serving Size 2 Sprays (0.4 ml) Servings Per Container 75	
Amount Per Serving	
Melatonin	*3 mg
*Daily Value Not Established	



VEGETARIAN / GLUTEN FREE / MADE WITH SOY FREE INGREDIENTS

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MULTIVITAMIN - MAN

MULTIVITAMIN - WOMAN



Comprehensive formula exclusively for men that contains a combination of 58 nutrients, vitamins, minerals, amino acids, herbs, digestive enzymes, essential fatty acids and herbs including those most important for men like Saw Palmetto, Zinc, B6, Pygeum, Gamma Linolenic Acid, Lycopene and Nettle.*

Uses Natural Vitamin E (d-alpha tocopheryl succinate), the most active and natural form available.* It contains Vitamin C in the ascorbate form. It also contains balanced B vitamins to help manage stress, support immune system function and help reduce irritability.* B vitamins are important to proper circulatory function, for maintaining blood pressure within normal ranges and preserving proper cholesterol and homocysteine levels.*

Contains 13 minerals including Zinc, which is a trace mineral that is necessary for good immune response, enzyme activity, fertility and sexual function.* It also contains additional calcium (for bone health).*

L-Cysteine, L-Glutamine and DL-Methionine are amino acids necessary for increased mental energy and are in the pure crystalline form for immediate assimilation by the body.* L- Cysteine and DL-Methionine are sulfur containing amino acids that are enteric coated to help with absorption.* These amino acids also help support detoxification

and liver function.*

Octacosanol and Betaine help support endurance, stamina and strength.* Saw Palmetto, Nettle and Pygeum are three herbal extracts that are synergistically effective in promoting the proper functioning of the prostate gland.* Alpha Lipoic Acid is an antioxidant that is both fat and water soluble and can extend the biochemical life of other antioxidants such as vitamins C, E and glutathione.*

Lycopene is a carotenoid extracted from tomatoes that is more potent than beta-carotene as a free radical scavenger.* Bladder, pancreas and prostate problems have all been associated with low levels of serum lycopene in the body.* Hesperidin is a bioflavonoid that supports capillaries and connective tissue health.* Bioperine is a trademarked nutrient containing 95% alkaloid piperine extracted from the fruits of the black pepper. can increase the uptake of certain nutrients such as beta-carotene, Vitamin B6 and selenium.*

Gamma Linolenic Acid is an essential fatty acid necessary for the production of hormone-like substances in the body known as prostaglandins, in particular, prostaglandin E1 (PGE1). Aging, stress, degenerative and prostate disorders have all been associated with low levels of PGE1 in the body.*

HELPS PROMOTE A RESTFUL STATE.*



The only woman’s high potency full spectrum multiple vitamin mineral supplement to contain 56 nutrients including those most important for today’s woman such as calcium (for bone health), iron (for healthy red blood cells), beta-carotene, biotin (for nail and hair health), gamma linolenic acid from evening primrose oil, octacosanol, grape seed extract (a free radical scavenger important for maintaining capillary strength) and vegetarian digestive enzymes.*

- **Calcium** - Studies indicate that 80% of all American women are deficient in calcium. Our formula contains 100% of the RDA for Calcium.
- **Beta carotene** - The FDA has made the following recommendation: “Women of childbearing age are advised to choose fortified foods that contain Vitamin A in the form of beta carotene rather than preformed Vitamin A, whenever possible.” Our Multivitamin follows that recommendation by providing 15,000 IU of beta carotene.*
- **L-Cysteine, L-Glutamine and DL-Methionine** - are amino acids that are necessary for increased mental energy. They are in the pure crystalline form for immediate assimilation by the body.*
- **Gamma Linolenic Acid** - is an essential fatty acid that is necessary for the production of hormone-like substances in the body known as prostaglandins, in particular prostaglandins from the E1 Series or PGE1. Aging, stress, PMS and obesity have all been associated with low levels of PGE1 in the body.*
- **L-Cysteine, L-Glutamine and DL-Methionine** - are amino acids that are necessary for increased mental energy. They are in the pure crystalline form for immediate assimilation by the body.*
- **Octacosanol** - supports endurance, stamina and strength.*
- **Grape Seed Extract** - is a rich source of a group of water-soluble bioflavonoids known as proanthocyanidins (PCOs). Grape Seed Extract is guaranteed to yield 95% PCOs.* PCOs are potent free radical scavengers and have also been shown to strengthen capillaries.* Bruising, varicose veins and abnormal menstrual bleeding are associated with weak capillaries.
- **Vegetarian Digestive Enzymes** - A proprietary blend of vegetarian digestive enzymes that aid the body in digesting and absorbing food nutrients.*

HEALTHY SEXUAL DRIVE, PLEASURE AND FUNCTION - FOR MEN AND WOMEN.*

Supplement Facts	
Serving Size 2 Tablets Servings Per Container 60	
Amount Per Serving	
Vitamin A (2000 IU as Palmitate & 7500 IU as beta-carotene)	9,500 IU
Vitamin C (as ascorbic acid and calcium ascorbate)	500 mg
Vitamin D3 (as Cholecalciferol)	200 IU
Vitamin E (as d-alpha tocopheryl succinate)	200 IU
Vitamin K1 (as Pytonadione)	2.5 mcg
Thiamin	35 mg
Riboflavin	35 mg
Niacin (as Niacinamide & Niacin)	35 mg
Vitamin B6 (as Pyridoxine HCl and Pyridoxal 5-Phosphate)	50 mg
Folic Acid	200 mcg
† ChromeMate® brand niacin-bound chromium.	

Other Ingredients: stearic acid, cellulose, vegetable stearate, microcrystalline cellulose, silicon dioxide, pharmaceutical glaze.

Suggested Use: As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch, or as directed by your healthcare practitioner.



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Supplement Facts	
Serving Size 2 Tablets Servings Per Container 60	
Amount Per Serving	
Vitamin A (100% Beta Carotene)	7,500 IU
Vitamin C (as ascorbic acid and Ca ascorbate)	500 mg
Vitamin D3 (as Cholecalciferol)	200 IU
Vitamin E (as d-alpha tocopheryl succinate)	200 IU
Vitamin K1 (as Pytonadione)	2.5 mcg
Thiamin	35 mg
Riboflavin	35 mg
Niacin (as Niacinamide & Niacin)	35 mg
Vitamin B6 (as Pyridoxine HCl and Pyridoxal 5-Phosphate)	35 mg
Folic Acid	250 mcg
† ChromeMate® brand niacin-bound chromium.	

ChromeMate® is a registered trademark of InterHealth N.I.



WARNING: This product contains lead, a chemical known to the State of California to cause birth defects and other reproductive harm.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch, or as directed by your healthcare practitioner.



Contains: Soy.

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IMMUNE SYSTEM FUNCTION AND LUNG HEALTH.*



A non-essential, free form amino acid that is a highly stable form of cysteine.*

- NAC is necessary for the production of glutathione, an antioxidant produced by the body.*
- Glutathione helps the body cope with oxidative stress, which is associated with disease and improves the number and activity of immune cells within the body.*
- The free radical neutralizing properties of NAC might also help it support pulmonary and cardiac function.*
- NAC helps to support healthy lung tissue and the body’s natural defenses including cellular health.*
- NAC helps to break down mucus in the respiratory tract and helps with rebuilding of lung tissue, and helps support the activation of immune cells to support the immunity.*
- NAC seems to be able to help clear mucus from the body as a result of several different mechanisms. NAC ruptures mucus disulfide bonds, which reduces mucus viscosity, and it stimulates clearance of mucus from the respiratory tract.* NAC also appears to help maintain inflammatory processes within normal ranges.*

SUPPORTS

- Sleep*
- Healthy Lung Tissue*
- Body’s Natural Defenses*
- Breaking down mucus*
- Maintain Inflammation*

CARDIOVASCULAR FUNCTION, & SKIN, & HAIR HEALTH*



A blend of non-GMO natural oils from Borage Seed, Flax Seed and Fish that combines the health benefits of Omega 3, 6 and 9 fatty acids.* It is a comprehensive “multi” fatty acid supplement that is rich in ALA, GLA, EPA and DHA.*

- It provides a healthy balance of essential fatty acids that are critical to total body health. These fatty acids play a vital role in the structure of cell membranes, healthy hair and skin, and support cardiovascular, nerve, neurological and immune system functions.*
- It also provides the desirable ratio of Omega 3 to Omega prostaglandin production.*
- Omega Supreme is a rich source of Omega-6, including Linoleic Acid (LA) and Gamma Linolenic Acid (GLA), Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA), combined with Omega 9 (Oleic Acid).
- Daily supplementation with GLA, ALA, EPA and DHA is the best way to ensure that you receive the health-protecting benefits of fatty acids.*

RECOMMENDED FOR:

- Hair and skin health*
- Healthy nervous system and organ function*
- Joint and bone health and comfort*
- Support of hormone balance within normal ranges*
- Gastrointestinal, respiratory, and immune system health*
- Support of blood pressure within normal ranges, vascular integrity and cardiovascular health*

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Serving

N-Acetyl Cysteine 500 mg

Other Ingredients: vegetable cellulose, microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 1 capsule, 1 – 4 times daily with food, or as directed by your healthcare practitioner.



VEGETARIAN / GLUTEN FREE

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Supplement Facts

Serving Size 1 Softgel
Servings Per Container 90

Amount Per Serving

Calories	10
Calories from Fat	10
Total Fat	1 g
Vitamin E (as d-alpha tocopherol)	10 IU
A proprietary blend of Borage Seed Oil, Fish Oil, and Flax Seed Oil	
Yielding	1,200 mg
Alpha Linolenic Acid	178 mg
Linoleic Acid	171.6 mg
Oleic Acid	145 mg
Gamma Linolenic Acid	72.8 mg
EPA	120 mg
DHA	80 mg



Quality verified by IFOS™ (International Fish Oil Standards). To obtain more information or test results visit www.ifosprogram.com.

Suggested Use: As a dietary supplement, take 1 softgel with food, 1-3 times daily or as directed by your healthcare practitioner.

Other Ingredients: gelatin, glycerin, purified water.

Contains: Fish oil (anchovy and sardines).

WARNING: This product contains lead, a chemical known to the State of California to cause birth defects and other reproductive harm.



GLUTEN FREE / SOY FREE

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ENJOY A PEACEFUL NIGHT’S SLUMBER*



Getting enough sleep is essential to think clearly, remain in a good mood, and to feel refreshed and energized. But sleep’s impacts don’t stop there. Chronic sleep deprivation can contribute to obesity, heart disease, gut dysfunction, and poor immunity. Unfortunately, being unable to get a refreshing night’s sleep is one of the most common complaints in today’s fast-paced world. That’s why we offer the most powerful and well-absorbed sleep formula available.*

FALL ASLEEP FASTER*

Containing ingredients that calm racing minds and lead to a state of tranquility.* For example, ashwagandha promotes healthy levels of the stress hormone cortisol.* L-theanine helps the body make calming amino acids, which leads to deep muscle relaxation and improved quality sleep.* Lemon balm also calms the mind and supports healthy cortisol levels.*

Melatonin is included because it can promote a deepersleep and increase rapid eye movement (REM) sleep and dreaming.* People who supplement with melatonin

also take less time to fall asleep and sleep longer.* They wake up more refreshed, rejuvenated, and in a better mood.*

Contains Shoden , a special kind of ashwagandha. Normally, ashwagandha extracts are standardized to 2.5% withanolides, their main active component. Shoden has 35% withanolides for superior absorption and effectiveness.* It’s a powerful and fast-working way to promote relaxation and sleep.*

- Difficulty sleeping*
- Waking up unrefreshed*
- Balancing the stress response*
- Regulating sleep-wake cycles*
- Optimizing overall health through restorative sleep*
- Calms an agitated mind*
- Helps you fall asleep faster*
- Promotes deeper sleep*
- Contains a highly bioavailable, clinically active form of ashwagandha*

HELP MANAGE FATIGUE AND SUPPORT CELLULAR FUNCTION - WITH BIOENERGY RIBOSE.*



ATP (adenosine triphosphate) - is a high energy molecule in cells, generated within the mitochondria. Energy from the breakdown of ATP needs to be constantly produced to keep the heart beating regularly, especially during exercise.

Mitochondria - are tiny organelles found in every cell in the body. They are known as the “powerhouse of the cell” and are responsible for creating more than 90% of cellular energy. Mitochondria are necessary in the body to sustain life and support growth.

STRENGTH & RECOVERY CONTAINS & BENEFITS:

- **D-Ribose** - is a naturally occurring sugar that has been shown to support the production and recycling of ATP which helps to increase energy formation in stressed tissues.*
- **DMG** - is a metabolic enhancer that helps the body overcome various forms of stress such as aging, poor oxygen availability, free radical damage and immune support.*
- **Malic Acid** - is involved in energy production in muscle cells. Malic acid

is also needed for glucose metabolism, which is important for nourishing muscles and nerves.

- **Co Enzyme Q10** - is powerful free radical scavenger and a naturally occurring cofactor in cellular energy and is vital to the production of ATP.* It supports the heart’s pumping ability, blood circulation, protect heart tissue, helps facilitate tolerance to exercise and helps maintain the heart’s muscle tone.*
- **Acetyl-L-Carnitine** - is a derivative of the amino acid, carnitine. It supports heart function by transporting fatty acids from the blood through to the mitochondrial membranes and into heart cells so the fatty acids can be converted into ATP.*
- **Rhodiola** - is an herb (Rhodiola rosea) that supports cellular energy metabolism.* It helps to facilitate high levels of ATP (adenosine triphosphate) and CP (creatine phosphate).
- **Bromelain & Protease** - are proteolytic enzymes that supports muscle recovery and help manage muscle soreness after exercise.*

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	
GABA (Gamma-Aminobutyric Acid)	*500 mg
Melissa officinalis (Lemon Balm Extract)	*150 mg
Shoden® Ashwagandha (Withania somnifera) Extract	*120 mg
L-Theanine (Suntheanine® Brand)	*100 mg
Melatonin	*5 mg

*Daily Value Not Established



Shoden® is a registered trademark of Arjuna Natural Pvt. Ltd. Suntheanine® is a registered trademark of Taiyo International, Inc.

Caution: This product may cause drowsiness; use caution in operating automobiles and heavy machinery. Do not take with alcohol as drowsiness can increase. Discontinue use 2 weeks prior to surgery.

Other Ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 2 capsules before bedtime, or as directed by your healthcare practitioner.

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Supplement Facts

Serving Size 1 Scoop (10 g)
Servings Per Container 30

Amount Per Serving	
Calories	35
Total Carbohydrates	9 g
Calcium	25 mg
D-Ribose (Bioenergy Ribose® Brand)	5,000 mg
Acetyl L-Carnitine	500 mg
Malic Acid	300 mg
N,N-Dimethylglycine HCl (DMG)	100 mg
Rhodiola rosea Extract yielding rosavins	75 mg 2.25 mg
Coenzyme Q10	30 mg
Bromelain	1,000 mg
Protease (from Aspergillus niger)	1,000 mg
Stevia Leaf Extract	45 mg



Bioenergy Ribose® is a registered trademark of Bioenergy Life Science, Inc.

Benefits of Bioenergy Ribose:

- Increase athletic performance and endurance
- Restore and sustain energy
- Accelerate recovery
- Reduce muscle stiffness and soreness
- Support cardiovascular health
- Help maintain healthy blood flow and circulation

Suggested Use: As a dietary supplement, mix one scoop daily in water before a workout. On days not exercising, take once daily at breakfast, or as directed by your healthcare practitioner.

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VEGETARIAN / GLUTEN FREE

STRESS MANAGEMENT, APPETITE CONTROL AND MOOD BALANCE.*



A unique formula that combines the adaptogenic and neurotonic benefits of Bacopa standardized extract with Relora, a proprietary blend of herbal extracts to support a sense of calm.*

ABOUT THE INGREDIENTS

- **Relora** - is an advanced natural and patented combination of magnolia and phellodendron extracts to help support normal levels of the Cortisol and DHEA hormones produced by the body to promote the management of stress.* It works by binding to stress receptors in the nervous system to promote relaxation associated with sedation.*
- **Bacopa monnieri** - has been used in the Ayurvedic system of medicine for centuries. Traditionally, it was used as a brain tonic to enhance memory development, learning and concentration. The constituents responsible for Bacopa’s cognitive effects are bacosides A and B.
- **Bacosides** - aid in repair of neurons by enhancing kinase activity, neuronal synthesis, and restoration of synaptic activity, and nerve impulse transmission.* They also have antioxidant activity.*
- **Relora with Bacopa** - is designed for stress and stress-related eating.* It should be used as an adjunct to an exercise and diet program. Supports weight management for those who experience excessive stress.* Excessive stress can lead to food cravings and increased fat, particularly in the belly. Supports a less stressed state while encouraging memory and concentration.*
- Helps to stabilize levels of the stress hormone cortisol *
- Supports neurotransmitters that optimize mood*
- Works to regulate melatonin, a hormone that regulates sleep*
- Helps to manage stress-related challenges such as irritability, emotional ups and downs, restlessness, tense muscles, poor sleep and concentration difficulties *

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	
Relora® (a proprietary blend of a patented extract from Magnolia officinalis bark and Phellodendron amurense (bark extract))	
	375 mg
Bacopa monnieri Extract	
yielding Bacosides A & B	100 mg 20 mg



Relora® is a Registered Trademark of NPI, LLC, U.S. Patent # 6,582,735.

Caution: Relora® may cause drowsiness; use caution in operating automobiles and heavy machinery. Do not take with alcohol as drowsiness can increase. Discontinue use 2 weeks prior to surgery.

Other Ingredients: vegetable cellulose, microcrystalline cellulose, vegetarian leucine.

Warning: Do not take if pregnant or lactating. Do not take if currently taking any prescription medication or receiving medical treatment without consulting your healthcare practitioner.

Suggested Use: As a dietary supplement, take 1 capsule, twice daily with food, or as directed by your healthcare practitioner.



VEGETARIAN / GLUTEN FREE

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HELPS SUPPORT ENERGY AS WELL AS HEALTHY BLOOD AND NERVE CELLS.*



IV LOUNGE Wellness Center Super B12 combines 5000 mcg Vitamin B12 with the active form of Vitamin B6 and folic acid in an easy to use spray.

- **Vitamin B12** - is a water-soluble vitamin and is required for proper red blood cell formation, neurological function, and DNA synthesis.* Vitamin B12 functions as a cofactor for the enzyme methionine synthase which causes the conversion of homocysteine to methionine. Methionine is required for the formation of S-adenosylmethionine (S-AdoMet), a universal methyl donor for almost 100 different substrates, including DNA, RNA, hormones, neurotransmitters, proteins, and lipids.
- **Vitamin B6 (Pyridoxal 5-Phosphate)** - is a water-soluble vitamin that performs a wide variety of functions in the body. For example, vitamin B6 is needed for more than 100 enzymes involved in protein metabolism. It is essential for red blood cell metabolism and the nervous and immune systems need vitamin B6 to function efficiently.* B6 is also required for the production of hemoglobin, a protein-based component of red blood cells which is primarily responsible for transferring oxygen from the lungs

to the rest of the body.* Pyridoxal 5-Phosphate is the active form (does not require activation by the liver) of Vitamin B6 to provide optimal utilization.

- **Folic Acid** - Folic Acid is a B vitamin that is important for cell division and is also needed for protein metabolism and repair of RNA and DNA.* Folic Acid supports nerve and cardiovascular health.* Folic Acid and Vitamin B12 are needed for the formation of red blood cells to help increase capillary blood flow.* Folate is the key transferring agent in the transmethylation process and is necessary to turn homocysteine into methionine, which allows the body to recycle or remove homocysteine as needed.*

RECOMMENDED FOR:

- Athletes
- Cardiovascular Support*
- Homocysteine Management*
- Trouble absorbing vitamin B12 from foods*
- Occasional fatigue and weakness*
- People needing GI tract support*
- Vegetarians and Vegans

Supplement Facts

Serving Size 1 ml
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin B6 (as Pyridoxal 5-Phosphate & Pyridoxine HCl)	10 mg	588%
Folate DFE	833.33 mcg	
Folic Acid	500 mcg	208%
Vitamin B12 (as Methylcobalamin & Hydroxocobalamin)	5,000 mcg	208,333%

Suggested Use: As a dietary supplement, take 1 ml daily, or as directed by your healthcare practitioner. Shake well before each use.

Other Ingredients: glycerin, water, potassium citrate.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.



VEGETARIAN / GLUTEN FREE / SOY FREE

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IMMUNE SYSTEM FUNCTION AND COLLAGEN HEALTH.*



Contains Vitamin C in a buffered Ascorbate form. Ascorbate is a Vitamin C molecule with a mineral ion. All Vitamin C must link up with a mineral before it can be absorbed into the blood stream. By supplying minerals along with Vitamin C, IV LOUNGE Wellness Center supports the immediate assimilation of Vitamin C in the body.* Because this is in the Ascorbate form and the presence of minerals help to act as natural buffers, it helps prevent stomach irritation that is common in non-buffered formulas.*

- **Vitamin C or Ascorbic Acid** - belongs to a class of vitamins which are termed water-soluble nutrients. It is not stored in the body and should be replenished throughout the day and evening for optimal health.* As a water soluble vitamin, the body is able to excrete any unneeded levels of Vitamin C, which allows for flexible dosing.*

Contains Bioflavonoids, which increase the effectiveness of Vitamin C by 50%.* Calcium, Magnesium, Zinc, Manganese and Potassium are included. The diuretic effect accompanying higher intake of Vitamin C often depletes the body’s store of vital minerals. Pectin has been shown to be beneficial in managing cholesterol levels within normal ranges.*

- Helps maintain collagen*
- Helps form red blood cells*
- Provides antioxidant protection against free radicals*
- Supports the immune system*

PROMOTE THE BODY’S ABSORPTION OF CALCIUM AND PHOSPHOROUS



Essential for the development and maintenance of healthy teeth and bones.* New research suggests that it may support immune system function by supporting healthy cell growth.*

ABOUT VITAMIN D

- Vitamin D is a fat-soluble vitamin that is essential for maintaining normal calcium metabolism. Vitamin D3 (cholecalciferol) can be synthesized by humans in the skin upon exposure to ultraviolet-B (UVB) radiation from sunlight, or it can be obtained from the diet.

CALCIUM BALANCE

- Maintenance of serum calcium levels within a normal range is vital for normal functioning of the nervous system, as well as for bone growth, and maintenance of bone density.* Vitamin D is essential for the efficient utilization of calcium by the body.

CARDIOVASCULAR SUPPORT

- Adequate vitamin D levels may be

important for maintaining blood pressure within normal ranges.* Vitamin D also impacts heart health by supporting the body’s natural cytokine production and vascular function.*

CELL DIFFERENTIATION:

- Cellular proliferation is essential for growth.* Vitamin D inhibits uncontrolled proliferation and stimulates differentiation, which is the process of specializing cells for specific healthy functions.*

IMMUNITY:

- Vitamin D is an immune system modulator by supporting healthy T Cell and macrophage responses.*

SUPPORTS:

- Bone Health*
- Calcium Balance*
- Cardiovascular Function*
- Healthy Cell Growth*
- Immune System Modulation*

Supplement Facts	
Serving Size 1 Tablet Servings Per Container 90	
Amount Per Serving	
Vitamin C (as Ascorbic Acid and Mg, Ca, Zn & Mn Ascorbates)	1,000 mg
Calcium (as Ca Carbonate & Ca Ascorbate)	90 mg
Magnesium (as Mg Ascorbate)	40 mg
Zinc (as Zn Ascorbate)	2.5 mg
Manganese (as Mn Ascorbate)	125 mcg
Potassium (as K Citrate)	60 mg
Citrus Pectin	100 mg
Mixed Citrus Bioflavonoids Containing: Mixed citrus bioflavonoid peel complex (orange, lemon and/or grapefruit bioflavonoids), rose hips (Rosa canina) fruit powder, acerola cherry (Malpighia glabra L.) fruit powder, rutin, and hesperidin bioflavonoid	100 mg

Other Ingredients: vegetable stearate, croscarmellose sodium, silicon dioxide, microcrystalline cellulose, stearic acid, hydroxypropyl methylcellulose.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: Take 1 tablet with each meal, or as directed by your healthcare practitioner.



VEGETARIAN / GLUTEN FREE

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Supplement Facts		
Serving Size 1 ml Servings Per Container 30		
Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1%†
Vitamin D3 (Cholecalciferol) (10,000 IU)	250 mcg	1,250%

† Percent Daily Values are based on a 2,000-calorie diet.

Other Ingredients: sunflower oil, natural orange flavor, Vitamin E (as mixed tocopherols), rosmarinic acid.

Warning: Individuals taking more than 50 mcg (2,000 IU) per day should have their vitamin D levels monitored. If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 1 ml daily or as directed by your healthcare practitioner. Shake vigorously before each use.



VEGETARIAN / GLUTEN FREE

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WHEY PROTEIN CHOCOLATE

WHEY PROTEIN VANILLA



HIGH QUALITY, LOCALLY SOURCED WHEY PROTEIN - FROM NEW ENGLAND & NEW YORK



Whey protein is a naturally complete protein that provides essential and non essential amino acids to support healing, muscle building, muscle and tissue recovery, energy and the immune system.* Whey protein is a great source of branched chain amino acids for muscle support, precursors for glutathione production as well as alpha-lactalbumin and immunoglobulins for immune system support.*

- Rich in branched chain amino acids
- Available in Chocolate and Vanilla flavors
- Great tasting and easily mixed making it the perfect base for any health shake or smoothie
- Combined with Fibersol®-2 brand fiber to support regularity*

ATHLETES, BODY BUILDERS AND ACTIVE LIFESTYLES

The body requires higher amounts of branched chain amino acids during and following exercise as they are taken up directly by the skeletal muscles versus first being metabolized through the liver, like other amino acids. Low BCAA levels contribute to fatigue and they should be

replaced in one hour or less following exercise or participation in a competitive event.

LOW CALORIE OR RESTRICTED DIET

One serving provides 21 grams or 80% high quality protein. It's a delicious, low calorie, low fat, low carbohydrate drink mix supplement that is sugar free! This is a great addition to any weight management program, not as a meal replacement, but as a source of energy and to curb appetite.*

IMMUNE SYSTEM SUPPORT*

Whey protein naturally contains precursors for glutathione production. Glutathione helps defend the body against free radicals that can challenge or weaken the immune system.*

RECOMMENDED FOR:

- Active lifestyles
- Restricted diets
- Athletes, body builders and people who exercise
- Low calorie diets; which may help control foodintake at the next meal

PROMOTE THE BODY'S ABSORPTION OF CALCIUM AND PHOSPHOROUS



Whey protein is a naturally complete protein that provides essential and non essential amino acids to support healing, muscle building, muscle and tissue recovery, energy and the immune system.* Whey protein is a great source of branched chain amino acids for muscle support, precursors for glutathione production as well as alpha-lactalbumin and immunoglobulins for immune system support.*

- Rich in branched chain amino acids
- Available in Chocolate and Vanilla flavors
- Great tasting and easily mixed making it the perfect base for any health shake or smoothie
- Combined with Fibersol®-2 brand fiber to support regularity*

ATHLETES, BODY BUILDERS AND ACTIVE LIFESTYLES

Branched Chain Amino Acids benefit muscle metabolism and provide energy directly to muscle tissue.* The body requires higher amounts of branched chain amino acids during and following exercise as they are taken up directly by the skeletal muscles versus first being metabolized through the

liver, like other amino acids. Low BCAA levels contribute to fatigue and they should be replaced in one hour or less following exercise or participation in a competitive event.

LOW CALORIE OR RESTRICTED DIET

One serving provides 21 grams or 80% high quality protein. It's a delicious, low calorie, low fat, low carbohydrate drink mix supplement that is sugar free!

IMMUNE SYSTEM SUPPORT*

Whey protein naturally contains precursors for glutathione production. Glutathione helps defend the body against free radicals that can challenge or weaken the immune system.* Natural protein fractions such as alpha- lactalbumin and immunoglobulins help strengthen the immune system.*

RECOMMENDED FOR:

- Active lifestyles
- Restricted diets
- Athletes, body builders and people who exercise
- Low calorie diets; which may help control foodintake at the next meal

Supplement Facts			
Serving Size 36.4 g (1 Heaping Scoop)			
Servings Per Container 30			
Amount Per Serving		% Daily Value	
Calories	†	140	
Total Fat	†	2 g	3%
Saturated Fat		1 g	5%
Cholesterol	†	60 mg	20%
Sodium		40 mg	2%
Total Carbohydrates	†	8 g	3%
Dietary Fiber**	†	5 g	18%
Protein	†	21 g	42%
Calcium		270 mg	21%
Iron		1.4 mg	8%
Whey Protein Concentrate		*28 g	
Digestion Resistant Maltodextrin (Fibersol®-2 brand)		*2 g	
Stevia Leaf Extract		*135 mg	

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Typical amino acid profile per serving.***					
Isoleucine	1.34 g	Arginine	0.48 g	Tryptophan	0.44 g
Leucine	2.18 g	Aspartic Acid	2.21 g	Valine	1.24 g
Lysine	1.93 g	Cysteine/cystine	0.25 g	Histidine	0.36 g
Methionine	0.38 g	Glutamic Acid	3.78 g	Alanine	1.00 g
Phenylalanine	0.67 g	Glycine	0.46 g	Serine	1.09 g
Threonine	1.34 g	Proline	1.32 g	Tyrosine	0.50 g
***Typical amino acid and protein values are an average representation of samples taken across the manufacturing process.					
**Dietary fiber from digestion resistant maltodextrin was tested using AOAC method #2009.01. Alternatively, AOAC method 2001.03 could be used.					

Suggested Use: As a dietary supplement, mix one scoop (33.2 g) daily in 6-8 ounces of water, milk substitute or your favorite beverage, or as directed by your healthcare practitioner. For best results, serve cold and use shaker or blender

Warning: If pregnant, or nursing consult your healthcare practitioner before taking this product.

Other Ingredients: : cocoa powder, guar gum, natural chocolate flavor.



VEGETARIAN / GLUTEN FREE / SOY FREE
CONTAINS MILK

Supplement Facts			
Serving Size 36.4 g (1 Heaping Scoop)			
Servings Per Container 30			
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Suggested Use: As a dietary supplement, mix one scoop (33.2 g) daily in 6-8 ounces of water, milk substitute or your favorite beverage, or as directed by your healthcare practitioner. For best results, serve cold and use shaker or blender

Warning: If pregnant, or nursing consult your healthcare practitioner before taking this product.

Other Ingredients: : cocoa powder, guar gum, natural chocolate flavor.



VEGETARIAN / GLUTEN FREE / SOY FREE
CONTAINS MILK

ZINC ELDERBERRY LOZENGES

DEFEND AGAINST IMMUNE CHALLENGES ALL YEAR LONG *



This convenient lozenge delivers immune boosters to the tissues that need it most: the throat and sinuses.* Zinc lozenges are well-studied for supporting respiratory health and keeping throat tissues comfortable and healthy.* Elderberry (Sambucus nigra) has a good track record as a botanical involved in lung and immune system health.* Vitamin D3 keeps immune cells working at peak capacity.*

FEEL BETTER WITH ZINC *

- Zinc inadequacy is associated with a poorly functioning immune system.* In addition, many studies show that zinc supplementation can support feelings of wellness.* Zinc keeps the lungs strong and healthy.* Plus, it's involved in other areas of health including comfortable joints, unblemished skin, and fertility in both men and women.*

KEEP THE UPPER RESPIRATORY TRACT HEALTHY WITH ELDERBERRY *

- Elderberry has been used in folk medicine for centuries to support the upper respiratory tract and sinuses.* Modern research shows that elderberry maintains immune health in air travelers.* In addition, a meta-analysis of the medical literature including 180 participants found that elderberry supplementation is an effective way to

- support upper respiratory health.*
- POWER UP IMMUNE CELLS WITH VITAMIN D3 ***
- Higher vitamin D levels are linked to staying healthy.* Vitamin D3 supports immune cells like macrophages and T cells.* Vitamin D in optimal amounts balances levels of proteins known as cytokines and keeps the lungs healthy.* Inadequate levels are common due to time spent indoors, the use of suntan lotion, older age, and darker skin.* This vitamin is also important for bones and the heart.*

ZINC LOZENGE + ELDERBERRY IS RECOMMENDED FOR:

- Maintaining health during immune challenges*
- Boosting the immune system*
- Healthy respiratory tract and lungs*
- Comfortable ears, nose, and throat*
- Healthy travelers*

BENEFITS

- Keep the immune system strong*
- Support healthy lungs*
- Soothe throat tissues*
- Contains healthy sweeteners



VEGETARIAN / GLUTEN FREE
SOY FREE / DAIRY FREE

Suggested Use: As a dietary supplement, take 1 lozenge daily, or as directed by your healthcare practitioner. Let dissolve in mouth.

Other ingredients: xylitol, stearic acid, vegetable stearate, citric acid, honey powder, silica, natural lemon flavor.

WARNING: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Hawkins J, Baker C, Cherry L, Dunne E. Black elderberry (Sambucus nigra) supplementation effectively treats upper respiratory symptoms: A meta-analysis of randomized, controlled clinical trials. Complement Ther Med. 2019;42:361-365. doi:10.1016/j.ctim.2018.12.004

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts			
Serving Size 1 Lozenge			
Servings Per Container 60			
Amount Per Serving	% Daily Value		
Calories		5	
Total Carbohydrates	† 2 g	1%	
Vitamin D3 (as Cholecalciferol)	25 mcg (1,000 IU)	125%	
Zinc (as Zn Citrate & Zn Gluconate)	23mg	125%	
Elderberry (Sambucus nigra) Fruit Powder	100 mg		
Elderberry (Sambucus nigra) Fruit Extract (30% polyphenols)	50 mg		
Stevia Leaf Extract	4 mg		
*Daily Value Not Established			
†ChromMate brand niacin-bound chromium.			



VIRILITY
& HEALTHY
TESTOSTERONE
LEVELS



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